# Journey Center 2023 Training Series

### **Intimate Partner Stalking: The Basics**

Thursday, January 12, 12:00-12:30p

This free, 30 minute training will look at the connection between domestic violence and stalking. We define the legal and social definitions and define types of abuse and patterns of stalking behaviors through the lens of domestic violence.

## **Intimate Partner Stalking**

Friday, January 27, 12:00-1:30p

This training will look at the connection between domestic violence and stalking. We will define both the legal and social definitions of each. We will discuss safety strategies, ways to assist someone experiencing stalking, and safety strategies through the context of domestic violence.

1.5 CEUs available. \$20 registration fee. \$10 CEU fee.

### **Teen Dating Violence 101**

Wednesday, February 8, 12:00-1:00p

This free, 1 -hour training is designed for individuals who work with young people. During this training we look at the definition of dating violence, the types of abuse that are used to gain power and control over a teen victim, and "the cycle of abuse." This training looks at specifics young people may experience in an unhealthy or abusive relationship.

# Barriers and Challenges for Black Women Experiencing Domestic Violence

Thursday, February 16, 12:00-1:30p

This training will discuss the basics of domestic violence with a specific focus on barriers and challenges Black women experience. We will talk about the importance of understanding cultural nuances and intersections of a Black survivor while recognizing their lived experience. 1.5 CEUs available. \$20 registration fee. \$10 CEU fee.

Visit our website: <u>Journeyneo.org</u> for links to register for each webinar. For more information email Megan at: <u>mgergen@journeyneo.org</u>



**Journey Center for Safety and Healing** 

provides services that foster safety and healing to those affected by domestic violence and child abuse and prevents abuse through education, advocacy, and systemic change.

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## Domestic Violence: History of the Movement to "What's Trending" Wednesday, March 8, 12:00–1:30p

During training we will look back at the history of domestic violence and the movement. We will discuss where the movement is at and where we are headed including discussing "trending" topics and phrases in the world of domestic violence.

1.5 CEUs available. \$20 registration fee. \$10 CEU fee.

### The Abuser as a Parent

Thursday, April 27, 12:00-1:30p

This training will discuss the dynamics of male abusers through a research based lens. We will look closely at the characteristics of the abuser as a parent and the potential implications for children in the home.

1.5 CEUs available. \$20 registration fee. \$10 CEU fee.

### Self-care for Advocates

Friday, May 19, 12:00-1:30p

This training will talk about the symptoms and risk factors for burnout and vicarious trauma. We will talk about the importance of self-care and strategies for those who are working with individuals and families experiencing domestic violence including the importance of recognizing the advocates role as helpers.

1.5 CEUs available. \$20 registration fee. \$10 CEU fee.

### **LGBT+ Survivors**

Thursday, June 15, 12:00-1:30p

This training will discuss the basics of domestic violence with a specific focus on barriers and challenges those in the LGBT+ community may face. We will talk about the importance of cultural humility and recognizing each survivor's personal intersections and lived experience.

1.5 CEUs available. \$20 registration fee. \$10 CEU fee.

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